

# ALLEGRO ARETOA SALA ALLEGRO

TEMPORADA 2025/26 DENBORALDIA

H	Astelehena Lunes	Asteartea Martes	Asteazkena Miércoles	Osteguna Jueves	Ostirala Viernes	Larunbata Sábado	Igandea Domingo	H
7.00								7.00
8.00								8.00
9.00	PILATES ALLEGRO LX 8:30-9:20		PILATES ALLEGRO LX 8:30-9:20					9.00
10.00	PILATES ALLEGRO LX 9:30-10:20	PILATES ALLEGRO MI 9:00-9:50	PILATES ALLEGRO LX 9:30-10:20	PILATES ALLEGRO MI 9:00-9:50				10.00
11.00	PILATES ALLEGRO LX 10:30-11:20	PILATES ALLEGRO MI 10:00-10:50	PILATES ALLEGRO LX 10:30-11:20	PILATES ALLEGRO MI 10:00-10:50	PILATES ALLEGRO V 10:30-11:50			11.00
12.00								12.00
13.00								13.00
14.00	PILATES ALLEGRO LX 13:30-14:20		PILATES ALLEGRO LX 13:30-14:20					14.00
15.00	PILATES ALLEGRO LX 14:30-15:20		PILATES ALLEGRO LX 14:30-15:20					15.00
16.00	PILATES ALLEGRO LX 15:30-16:20	PILATES ALLEGRO MI 15:30-16:20	PILATES ALLEGRO LX 15:30-16:20	PILATES ALLEGRO MI 15:30-16:20	PILATES ALLEGRO V 15:30-16:50			16.00
17.00	PILATES ALLEGRO LX 16:30-17:20	PILATES ALLEGRO MI 16:30-17:20	PILATES ALLEGRO LX 16:30-17:20	PILATES ALLEGRO MI 16:30-17:20				17.00
18.00	PILATES ALLEGRO LX 17:30-18:20		PILATES ALLEGRO LX 17:30-18:20					18.00
19.00	PILATES ALLEGRO LX 18:30-19:20	PILATES ALLEGRO MI 18:00-18:50	PILATES ALLEGRO LX 18:30-19:20	PILATES ALLEGRO MI 18:00-18:50				19.00
20.00	PILATES ALLEGRO LX 19:30-20:20	PILATES ALLEGRO M 19:00-20:20	PILATES ALLEGRO LX 19:30-20:20	PILATES ALLEGRO J 19:00-20:20				20.00
21.00								21.00
H	Astelehena Lunes	Asteartea Martes	Asteazkena Miércoles	Osteguna Jueves	Ostirala Viernes	Larunbata Sábado	Igandea Domingo	H